

ATHENS OUTPATIENT

Alcohol, Other Drug, and
Mental Health Services

General Services:

- Full Range of Mental Health and Substance Use Disorder Services
- Medication Assisted Treatment
- Mental Health medication management services
- AoD and MH Assessments
- Individual/Group Counseling
- Case Management Services
- Community Support
- Referral & Information
- Prevention/Intervention
- Urine Drug Screening
- Ambulatory Detox
- Bridge Device—Detox
- Sub-Acute Detox
- Residential Services

Individual and Group Counseling

Purpose: Provide mental health and chemical dependency counseling to increase understanding and responsibility surrounding behavioral choices related to mental illness and substance abuse. Address individualized needs, which include, but are not limited to: parenting, relationships, employment, education, life skills, and boundaries. Outpatient group and Individual services are available.

Case Management and Community Support Program

Purpose: Assist individuals with utilizing strengths and resources to acquire necessary skills and services to increase independence.

Group Therapy

Education/Support Group: Educational topics (not limited to): What is group and how does it work as part of treatment, Feelings/Defenses, Progression of the disease of addiction, Nutrition/PAWS (Post-Acute Withdrawal Syndrome), Relapse prevention/Controlling cravings and triggers, Urine screens and treatment, Common lies/Cons we use or believe, Costs of use, Health/unhealthy recreation list, what are 12 step meetings and the program, Assessment and re-assessment, and addiction is a family disease/characteristics of adult children of alcoholics/addicts.

Education takes up ¼- ½ of group but one of the main focuses is on group support to stay clean and work recovery and treatment.

Group meets Thursdays from 1-2pm; size 5-8 people, co-ed

DOT SAP Program

DOT Substance Abuse Professionals (SAPs) evaluate workers who have violated a DOT drug and alcohol program regulation and make recommendations concerning education, treatment, follow-up testing and continuing care.

Virtual Reality Therapy

Virtual reality therapy is a type of mental health therapy that uses computer-generated environments to treat a variety of mental health conditions.

Other Locations:

We have locations in Athens, Vinton, Hocking, Gallia, Jackson and Meigs Counties. Full service MAT clinics in both Jackson and Athens. Residential programs for adolescent males, females, and adult women.

Health Recovery Services, Inc.(HRS) is Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and certified by the Ohio Department of Behavioral Health (DBH)

Our vision is to be a source of wellness with the belief in the potential of people as our highest principle.

DIVISION OF COMMUNITY SERVICES

Hannah Russell, OCPS
Community Services Coordinator
(740) 589-3680

Substance Abuse Assessment for Municipal Court Offenders (vSAAMCO)

- Call for cost information. Major credit cards, money orders or cash are all accepted and payments are non-refundable.
- Register in person at HRS, 224 Columbus Rd., Athens, OH or by phone 740-589-3680

Vaping/Nicotine Prevention/Intervention Programs

- Health Recovery Services offers this program which combines the Evidence-Based Best Practice strategies of the Catch My Breath Program and the Stanford Tobacco Toolkit into a flexible format that can be presented in 1 to 4 classroom sessions or a 45-minute assembly. The information is delivered through multiple media in an engaging, interactive format by our experienced Prevention Specialists, and addresses the health risks of vaping, cigarettes, smokeless tobacco and other forms of nicotine use. Risks of cannabinoid use are also detailed. This program can be presented as well in a 3-hour format for Saturday School or In School Suspension. The program includes information on local nicotine cessation programs and other resources. An adult level informational program is also available for parents, educators and other community members.

Community Prevention Programs

- Drug Free Dances, Red Ribbon Week activities, ATOD education and presentations for school and community, Mentoring school based programming, Explorer high risk education group

Tobacco Prevention Education Cessation

- Youth and Adult Education, Adult Cessation programs, Evidence based program—Lifeskills. School-based Nicotine Intervention Program (NIP)

Medication Assisted Treatment (MAT)

Methadone, Buprenorphine/Suboxone, Subutex, Sublocade, Vivitrol

Certified Opiate Treatment Programs (OTP)

Athens: 224 Columbus Rd., Athens, OH
Phone: 740-592-6720

Jackson: 120 Twin Oaks Dr., Suites C/D
Jackson, OH
Phone: 740-577-3450
Toll Free: 855-236-9009

Residential Services

ASAM 3.1-3.7 Level of Care

Rural Women's Recovery Program
(RWRP) Gender Specific
Phone: 740-593-6152
Toll Free: 866-594-6510

Bassett House Adolescents
Qualified Residential Treatment Program
(QRTP)
Phone: 740-594-8108
Toll Free: 800-645-8287

Department of Transportation/Substance Abuse Professional (DOT/SAP)

224 Columbus Road, Athens, OH 45701
Phone: 740-592-6720, ext. 1059

ON-SITE ALCOHOL/DRUG TESTING

Programs are funded in part by the Athens/Hocking/Vinton and Gallia/Jackson/Meigs Alcohol, Drug Addiction and Mental Health Services Boards

HEALTH RECOVERY SERVICES, INC.

Nancy Dotson, MSM
Chief Executive Officer



ATHENS OUTPATIENT - Medication Assisted Treatment MAT and Full Service OTP Clinic

Alcohol, Other Drugs, and
Mental Health Services
ASAM Level of Care 1.0

**Gary E. Cordingley, M.D.,
Ph.D., CAS, Medical Director**

**Jenna Carpenter, LISW-S, LICDC,
SAP, MRT, RA
Clinical Site Coordinator**

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Athens, Oh 45701
www.hrs.org

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Fax: (740)592-6729

Hours of Operation:
Monday-Thursday 8:00 am-5:00 pm
Friday 8:00 am-4:00 pm

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